PSY 372

Orientation Activity: Treatment vs. Prevention

Directions:

(1) Read definitions of treatment and prevention below that were taken from your textbook glossary. Think about the key differences and similarities in these two definitions.

* Treatment: Interventions targeted to individuals who are identified as currently suffering from a diagnosable disorder that are intended to cure the disorder or reduce the symptoms or effects of the disorder, including the prevention of disability, relapse, and/or comorbidity.
* Prevention: Interventions that occur prior to the onset of a disorder that are intended to prevent or reduce risk for the disorder.

(2) Identify at least one course-relevant problem that interests you. You may pick something from the presentation topic handout or choose your own.

(3) Develop an example of an approach to treat and prevent the problem you chose.

(4) Discuss with your “hometown group” partners ways that your treatment and prevention examples are different.